Focus on the "How," Not the "What": Using Research to Inform Teaching

Student Survey Questions and Constructs

Learning Climate Questionnaire (Williams & Deci, 1996)

Question Text: About the Learning Experience The questions below are related to your learning experience in *Course Number: Course Name* thus far. The learning experience in different courses can vary and we would like to know more about how you generally feel about the overall learning experience in *Course Number: Course Name*.

- 1. I feel that my instructor provides me choices and options.
- 2. I feel understood by my instructor.
- 3. My instructor conveyed confidence in my ability to do well in the course.
- 4. My instructor encouraged me to ask questions.
- 5. My instructor listens to how I would like to do things.
- 6. My instructor tries to understand how I see things before suggesting a new way to do things.

Basic Psychological Needs Scale (Levesque-Bristol, Knapp, & Fisher, 2010)

Question Text: Your Overall Experience. The following questions concern your feelings about your experience in *Course Number: Course Name*. Please indicate how true each of the following statement is for you given your specific experiences with *Course Number: Course Name* thus far.

Autonomy

- 1. I feel like I can make a lot of inputs in deciding how my coursework gets done.
- 2. I feel pressured in this course. (R)
- 3. I am free to express my ideas and opinions in this course.
- 4. When I am in this course, I have to do what I am told. (R)
- 5. My feelings are taken into consideration in this course.
- 6. I feel like I can pretty much be myself in this course.
- 7. There is not much opportunity for me to decide for myself how to go about my coursework. (R)

Competence

- 1. I do not feel very competent in this course. (R)
- 2. People in this course tell me I am good at what I do.
- 3. I have been able to learn interesting new skills in this course.
- 4. Most days I feel a sense of accomplishment from this course.
- 5. In this course I do not get much of a chance to show how capable I am. (R)
- 6. I often do not feel very capable in this course. (R)

Relatedness

- 1. I really like the people in this course.
- 2. I get along with people in this course.
- 3. I pretty much keep to myself when in this course. (R)
- 4. I consider the people in this course to be my friends.
- 5. People in this course care about me.
- 6. There are not many people in this course that I am close to. (R)
- 7. The people in this course do not seem to like me much. (R)
- 8. People in this course are pretty friendly towards me.

Situational Motivation Scale (Guay, Vallerand, & Blanchard, 2000)

Question Text: Motivation for taking *Course Number: Course Name*. The questions below are related to your feelings of why you are taking *Course Number: Course Name*. Students have different motivations for taking different courses, and we are interested in your motivations for taking *Course Number: Course Name* thus far.

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Intrinsic Motivation

- 1. Because I really enjoy it.
- 2. Because I really like it.
- 3. Because it's really fun.

Integration

- 1. Because learning all I can about academic work is really essential for me.
- 2. Because acquiring all kinds of knowledge is fundamental for me.
- 3. Because experiencing new things is a part of who I am.

Identification

- 1. Because it allows me to develop skills that are important to me.
- 2. Because it's a sensible way to get a meaningful experience.
- 3. Because it's a practical way to acquire new knowledge.

Introjection

- 1. Because I would feel bad if I didn't.
- 2. Because I would feel guilty if I didn't.
- 3. Because I would feel awful about myself if I didn't.

Extrinsic Motivation

- 1. Because I feel I have to.
- 2. Because that's what I'm supposed to do.
- 3. Because that's what I was told to do.

Amotivation

- 1. I don't know. I have the impression I'm wasting my time.
- 2. I don't know. I wonder if I should continue.
- 3. I'm not sure anymore. I think that maybe I should quit (drop the class).

Perceived Knowledge Transfer Scale

Question Text: Relevance of the Learning Experience. Please consider the following questions as they relate to *Course Number: Course Name* and record the extent to which you agree using the choices provided.

- 1. I feel confident in my ability to apply the course material in other classes that I have.
- 2. I feel confident in my ability to apply the course material in my professional life.
- 3. I feel as if the material covered in this course is relevant to my future career.
- 4. Given the future career that I have chosen, it is important for me to learn the information covered in this class.
- 5. I understand how I will use the information learned in this class in my professional life.
- 6. Information learned in this course will inform my future learning experiences.
- 7. I believe that it is important for me to learn the information included in this course.
- 8. The information learned in this course will help me become a more well-rounded individual.

References

Guay, F., Vallerand, R. J., & Blanchard, C. (2000). On the assessment of situational intrinsic and extrinsic motivation: The Situational Motivation Scale (SIMS). *Motivation and Emotion*, 24(3), 175-213.

Levesque-Bristol, C., Knapp, T. D., & Fisher, B. J. (2010). The effectiveness of service-learning: It's not always what you think. *The Journal of Experiential Education*, 33(3), 208.

Williams, G. C., & Deci, E. L. (1996). Internalization of biopsychosocial values by medical students: a test of self-determination theory. *Journal of Personality and Social Psychology*, 70(4), 767.