

## Ecomap Networking Exercise

On the figure below, the lines between the scholar in the center and the other bubbles indicate the strength of the connection.

A solid line \_\_\_\_\_ indicates a good relationship.

A double solid line ===== indicates an especially strong tie.

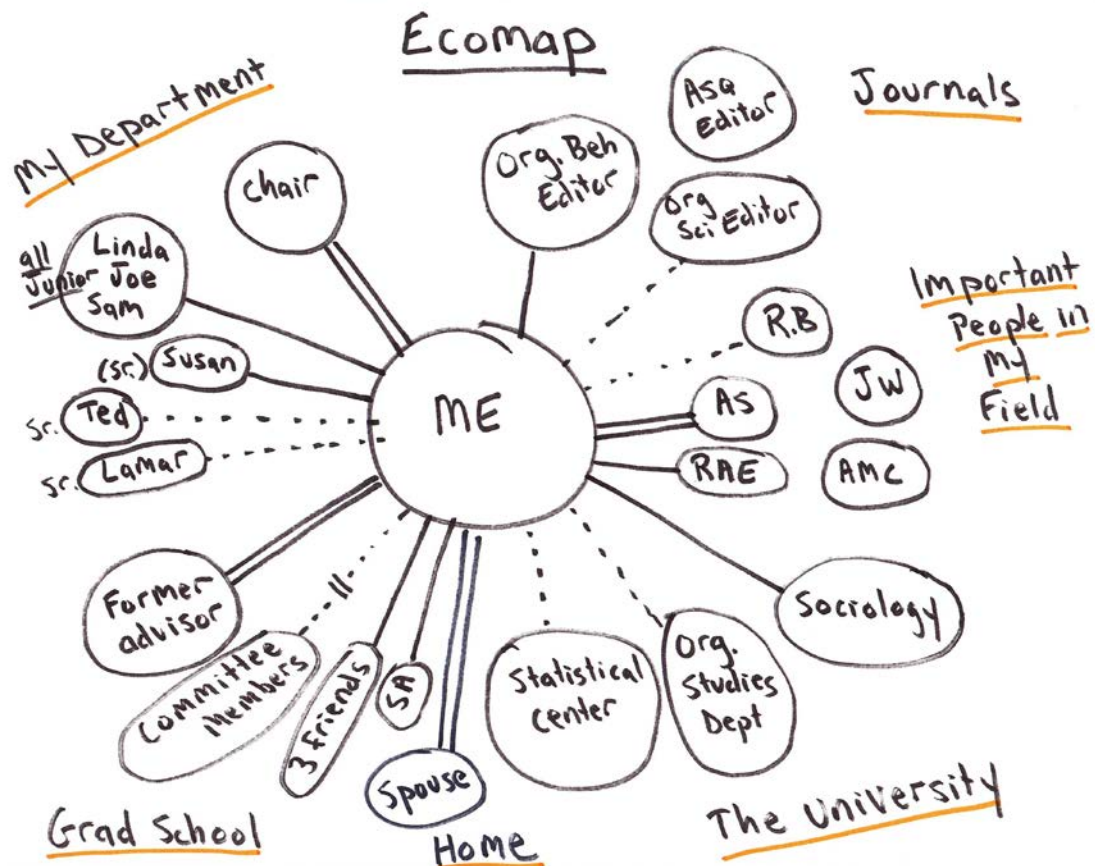
A single dotted line ----- indicates a weak relationship

A line that is broken by horizontal markers -----||----- shows a former connection that has not been maintained.

The absence of any line indicates that the person or organization is one with whom the scholar would like to make a connection, but that no relationship exists at present.

1. Using this ecomap as a model, make your own map showing your current and desired relationships, and the strength of those relationships. Once your map is completed, highlight the connections that need your attention. This could include past relationships you want to rekindle, existing connections you hope to strengthen, and people you would like to meet.

---



## Leader Academic Coaching & Training

2. Choose at least three connections from your list, and write down a plan for how you will initiate or strengthen those relationships. A sample plan might look something like this:

### Networking Plan

1. My Department:
  - Schedule lunches with Ted and Lamar
2. Grad School:
  - Email my former committee members to update them on the work I'm doing
3. My University
  - Schedule an appointment at the Statistical Center
  - Attend the next Brown Bag at Organizational Studies
4. Important players in my field
  - Contact JW and ask to meet at January conference
  - Invite RB to speak here in the fall
5. Funders
  - Arrange meetings with program officers during my trip to D.C.

Rena Seltzer, ACSW  
Leader Academic Coaching & Training  
6 Dover Court, Ann Arbor, MI 48103  
(734) 665-4885 Rena@LeaderAcademic.com  
www.LeaderAcademic.com